



COACHES MEETING Spring 2018

1. Welcome

2. Dates of Importance

Season start date Saturday April 28 – through June 9 (7 weeks)

Fields Workday #2 is Saturday April 21 from 9 am – 12 pm

3. Safety

- a. Weather procedure – Thundershowers and lightning GO to your CAR. Everyone must take personal responsibility for their safety and that of the kids. First sighting of lightning, abandon practices, and games. Games will resume 30 minutes after last sighting of lightning at the point where games were suspended.
- b. Climbing Nets, or jumping on goals – not allowed.
- c. Handicap parking lots – watch out and drive slow
- d. Sorry No dogs allowed at the complex on game days.

e. Concussion policy

The IYSA is now mandating that all leagues must follow the IYSA Concussion policy. All coaches carded to a team must familiarize themselves with the policy. The link to the CDC Tutorial is:

<http://www.cdc.gov/concussion/Headsup/Training/index.html>

Referees, coaches and families are all responsible for the safety of the kids.

If concussion is evident, players must not be permitted to return to game without physician's release

f. No Header policy

The U.S. Soccer Federation announced a ban on heading for players age 12 and younger.

The U.S. Soccer Referee program sent out a memo on how the rule should be implemented:

“When a player deliberately heads the ball in a game, an direct free kick (DFK) should be awarded to the opposing team from the spot of the offense including a penalty (PK). If a player does not deliberately head the ball, then play should continue.”

4. Rosters & practices

- a. Coaches rosters are online (updated often)

If you haven't done so already, please notify all players asap with practice schedules. Recommend a meet/greet meeting, discuss plans and season strategies, goals and objectives and practice schedules

- b. If you can't get a hold of someone, call or email the league please
- c. Coaches manuals www.DanvilleSoccer.org

5. Schedules, Referees & Uniforms

- a. **Schedules** will be posted online Saturday April 14

- b. **Referees:** Let them play...and call own game

- c. **Uniforms:**

- i. Phase 1 order will be available for pickup on **Saturday April 21** after 1 pm. pick up by area reps, coaches or AC only please.

- ii. Uniforms distributions should consider Registration date. First registered first to receive their uniform. Respective team roster sorted by date is included in your uniform bag.

6. Adopt a Field

We need 2-3 additional volunteers to adopt a field for weekly paint.

7. Rules/policies

Responsibilities of the coach, Field Monitors and AC are very clear and concise:

1. Safety of the players, watch for heat exhaustions, fatigue, and concussions.
2. Ambassadors of the league. Abide by, remind and enforce the league rules and policies.
3. Know the game rules as they apply to respective age group. #players on the field, game durations, offside rule, throw-in, ...etc. Shin guards are mandatory, cleats are not (recommended), front toe cleats and metal cleats are not permitted.
4. Know your updated roster. Registered players only (liability) including bringing players up when short.
5. Equal playtime – every player must be giving the opportunity to play 50 % of the game, every game including tournament games
6. Coaches and players on one side of the field/families on the opposite side – coaches painted areas.
7. Teach the game while having fun – this is a rec league , win humbly and lose gracefully
8. Always reward the team's effort more so than wins

9. U6 ...play, play & play. No corner kicks, no throw ins, no offsides. No handballs, **no goal keeper** and don't insist on positions. Let the kids have fun, teach at practice and have fun at games. Keep it simple!

11. Practice fields, times and locations

- i. 1st come, 1st serve. Practice at the complex or wherever you choose – you are the coach!
- ii. Practice durations = common sense.
 1. Once or twice per week if you can make it fun and productive. Take water breaks, often.
 2. Recommendation is to practice the length of the game only.
 3. Use the ball with all drills and skills building practices

Spring Season Specifics:

1. All genders & players will be combined to create five age groups: U6, U8, U10, U12 & U14.
2. Teams in each age group will be designed, as much as possible, to be balanced.
3. Teams selection will include kids from all Towns; however Special effort and consideration will be made to keep players that share the same geographical area together when possible.
4. Weekday **practices** are not required (optional). The league policy in the spring is to practice 30-45 minutes before scheduled game time on Saturday. The league will also provide the training / practice fields adjacent to each age group.
5. All players must be given the opportunity to play 50% of the each game
6. An optional 30 minutes skill training session will occur before each Saturday game at the coaches' discretion. The league will occasionally provide skill training that will be led by local athletes that have years of soccer experience to share.
7. **# Players (Spring only)**
U6 Teams will play 5V5 with no goalie
U8 & U10 play 6V6 including the goalie
U12 & U14 play 7V7 including the goalie
All games will be played on smaller fields to maximize ball touches/passes and promote team work

8. Game durations:

U6 & U8 (4-10 min quarters), Size 3 /4 ball, respectively
U10 (2-20 min halves), Size 4 Ball
U12 (2-25 min halves), Size 5 ball, and
U14 (2-30 min halves). Size 5 ball

Each division will have a 5 min break at halftime; U6 & U8 will also have 2 minutes break between quarters.

9. The league will provide jerseys and socks, random colors, and will also provide participation medals
11. There will be slightly different game rules applied –
 - a. No off-sides, in any age group
 - b. Throw-ins are permitted
 - c. Score only from your offensive side of midfield.
 - d. Running clocks – no stoppage.
 - e. Coaches are field monitors to ensure continuous play, participation and safety
 - f. No referees – players to call own game

9. Roster Pro & TeamNet

TeamNet™, facilitates simple communication between coaches, team contacts, players and parents, while syncing Rosters and Schedules. TeamNet™ Login Users are able to access the TeamNet system through User ID, Facebook, or Google login credentials.

The User ID, or username, is determined during the initial user account creation. The user can set the ID to any custom username of their choosing.

RosterPro® Registration System users will use their pre-existing login credentials to access the TeamNet platform.

[TeamNet Mobile App](#) capabilities is now available!

Have a great, fun and safe 2018 season

Q & A