



## **COACHES MEETING Fall 2017**

### **1. Welcome**

### **2. Dates of Importance**

Season start date August 26 – through October 21

Tournament Dates: OCT 21 & 22, Semi Finals OCT 28 including U14 championships under the lights, Championships U8 through U12 Sunday OCT 29

### **3. Safety**

- a. Weather procedure – Thundershowers and lightning GO to your CAR. Everyone must take personal responsibility for their safety and that of the kids. First sighting of lightning, abandon practices, and games. Games will resume 30 minutes after last sighting of lightning at the point where games were suspended.
- b. Climbing Nets, or jumping on goals – not allowed.
- c. Handicap parking lots – watch out and drive slow
- d. Sorry No dogs allowed at the complex on game days.

### **4. Rosters & practices**

- a. Coaches rosters are online (updated often)

If you haven't done so already, please notify all players asap with practice schedules. Recommend a meet/greet meeting, discuss plans and season strategies, goals and objectives and practice schedules

- b. If you can't get a hold of someone, call or email the league please
- c. Coaches manuals [www.DanvilleSoccer.org](http://www.DanvilleSoccer.org)

### **5. Schedules, Referees & Uniforms**

- a. **Schedules** will be posted online by Saturday August 12 or sooner if possible

**b. Referees:** DHS & others initially. If not available, home team coaches to referee the next game after theirs (not at the U6 level).

#### **c. Uniforms:**

- i. Phase 1 order will be available for pickup on Saturday August ~~12~~ 18 after 1 pm. pick up by area reps, coaches or AC only please.

ii. Uniforms distributions should consider Registration date. First registered first to receive their uniform. Respective team roster sorted by date is included in your uniform bag.

### **6. Concessions Schedule Online**

Volunteers – 2-3 adults each shift. Shift starts at 9 am-2 pm for 1 hour each  
5 shifts total 10-15 adult volunteers to cover.

Danville 8/26, Bismarck, 9/2, Catlin, 9/9, G'Town 9/16, Hoopston 9/23,  
Oakwood 9/30, Westville 10/7, Danville 10/14, Bismarck 10/21, Catlin 10/22,  
G'Town 10/28, Oakwood 10/29.

### **7. Adopt a Field**

We need 2-3 additional volunteers to paint the fields. While  
your practice, report if fields are in need of paint

### **8. Rules/policies**

Responsibilities of the coach and AC are very clear and concise

1. Safety of the players, watch for heat exhaustions, fatigue, and concussions.
2. Ambassadors of the league. Abide by, remind and enforce the league rules and policies.
3. Know the game rules as they apply to respective age group. #players on the field, game durations, offside rule, throw-in, ...etc. Shin guards are mandatory, cleats are not (recommended), front toe cleats and metal cleats are not permitted.
4. Know your updated roster. Registered players only (liability) including bringing players up when short.
5. Respect and support the referees – They have the final say on the field
6. Players and families behavior – positive support only
7. Equal playtime – every player must be giving the opportunity to play 50 % of the game, every game including tournament games
8. Coaches and players on one side of the field/families on the opposite side – coaches painted areas.
9. Teach the game while having fun – this is a rec league , win humbly and lose gracefully
10. Always reward the team's effort more so than wins
11. Don't run the score up – alternate positions/players
12. U8/U8G, teach offsides, enforce when extreme, bad throw-ins, gets a second chance to get it right. Coaches to stay off the field please. Motivate and help from the coach's area only.
13. U6 & U6G ...play, play & play. No corner kicks, no throw ins, no offsides. No handballs, **no goal keeper** and don't insist on positions. Let the kids have fun, teach at practice and have fun at games. Keep it simple!
14. P r a c t i c e times and locations
  - i. 1<sup>st</sup> come, 1<sup>st</sup> serve. Practice at the complex or wherever you choose – you are the coach!

- ii. Practice durations = common sense.
  1. Once or twice per week if you can make it fun and productive. Take water breaks, often.
  2. Recommendation is to practice the length of the game only.
  3. Use the ball with all drills and skills building practices

**9. Concussion policy**

The IYSA is now mandating that all leagues must follow the IYSA Concussion policy. All coaches carded to a team must familiarize themselves with the plicy. The link to the CDC Tutorial is:

<http://www.cdc.gov/concussion/Headsup/Training/index.html>

Referees, coaches and families are all responsible for the safety of the kids.  
 If concussion is evident, players must not be permitted to return to game without physician’s release

**10. No Header policy**

The U.S. Soccer Federation announced a ban on heading for players age 12 and younger. The U.S. Soccer Referee program sent out a memo on how the rule should be implemented: *“When a player deliberately heads the ball in a game, an direct free kick (DFK) should be awarded to the opposing team from the spot of the offense including a penalty (PK). If a player does not deliberately head the ball, then play should continue.”*

**11.Roster Pro & TeamNet**

**TeamNet™**, facilitates simple communication between coaches, team contacts, players and parents, while syncing Rosters and Schedules.**TeamNet™ Login**  
 Users are able to access the TeamNet system through User ID, Facebook, or Google login credentials.

The User ID, or username, is determined during the initial user account creation. The user can set the ID to any custom username of their choosing.

*RosterPro® Registration System users will use their pre-existing login credentials to access the TeamNet platform.*

**[TeamNet Mobile App](#) capabilities is now available!**

**9/16 Pictures day – Danville, Bismarck and Westville**

Teams: Must be at the picture site 1 hour before your scheduled game time. If you’re scheduled BYE, contact the league to make arrangements.

Division	Field size	Ball size	# Players	To start	To finish
U6	25 x 40	3	5	3	2
U8, U8G	40 x 60	4	7	5	4
U10, U11G	50 x 80	4	8	6	5
U12	60 x 100	5	9	7	6
U14G	50 x 90	5	11	9	7
U14G	50x90	5	9	7	6 (Seasonal))
U14	65 x 110	5	11	9	7

Have a great, fun and safe 2017 season

Q & A